

2007 Commonwealth Powerlifting Championships – Christchurch, New Zealand – 5-8 December 2007

Women's Results

Open

Place	M/W	Nbr	Class	BW	Name	Nation	SQUAT			BENCH PRESS			BP			DEADLIFT			DL Result	Tot. Result	Points	Place				
							1.	2.	3.	1.	2.	3.	Result	1.	2.	3.	Result	1.					2.	3.		
					GROUP I																					
					Open Female																					
1.	W	5	48	47.80	Lee Anne Dwarte	Australia	97.5	<u>100.0</u>	<u>105.0</u>	<u>105.0</u>	<u>47.5</u>	<u>52.5</u>	55.0	<u>52.5</u>	<u>55.0</u>	<u>55.0</u>	<u>130.0</u>	<u>136.0</u>	<u>137.5</u>	<u>137.5</u>	<u>295.0</u>	<u>391.91</u>	1.	1.		
2.	W	3	48	46.80	Deborah Hawker	Wales	<u>82.5</u>	<u>87.5</u>	92.5	<u>87.5</u>	<u>52.5</u>	<u>57.5</u>	<u>60.0</u>	<u>57.5</u>	<u>60.0</u>	<u>60.0</u>	<u>100.0</u>	<u>110.0</u>	<u>117.5</u>	<u>117.5</u>	<u>265.0</u>	<u>357.49</u>	2.	2.		
1.	W	9	52	50.20	Ali Gasgoine	NZ	<u>115.0</u>	117.5	117.5	<u>117.5</u>	<u>62.5</u>	<u>65.0</u>	67.5	<u>65.0</u>	<u>65.0</u>	<u>180.0</u>	<u>145.0</u>	<u>155.0</u>	<u>162.5</u>	<u>162.5</u>	<u>342.5</u>	<u>438.67</u>	1.	1.		
2.	W	11	52	51.20	Samantha Thorogood	Australia	<u>85.0</u>	<u>92.5</u>	100.0	<u>92.5</u>	<u>42.5</u>	<u>45.0</u>	47.5	<u>45.0</u>	<u>45.0</u>	<u>137.5</u>	<u>120.0</u>	<u>130.0</u>	<u>140.0</u>	<u>140.0</u>	<u>267.5</u>	<u>337.48</u>	2.	2.		
1.	W	8	56	56.00	Rikki Flanders	Australia	<u>117.5</u>	125.0	125.0	<u>117.5</u>	<u>65.0</u>	70.0	<u>70.0</u>	<u>70.0</u>	<u>187.5</u>	<u>125.0</u>	<u>132.5</u>	<u>132.5</u>	<u>125.0</u>	<u>312.5</u>	<u>367.69</u>	1.	1.			
2.	W	4	56	55.40	Tania Green	NZ	115.0	115.0	<u>115.0</u>	<u>115.0</u>	<u>75.0</u>	<u>80.0</u>	80.0	<u>80.0</u>	<u>190.0</u>	<u>117.5</u>	<u>125.0</u>	<u>117.5</u>	<u>125.0</u>	<u>307.5</u>	<u>364.88</u>	2.	2.			
1.	W	1	60	59.60	Jeanette Gevers	Australia	<u>145.0</u>	<u>152.5</u>	160.0	<u>152.5</u>	<u>80.0</u>	<u>85.0</u>	<u>87.5</u>	<u>85.0</u>	<u>240.0</u>	<u>142.5</u>	<u>150.0</u>	<u>150.0</u>	<u>150.0</u>	<u>390.0</u>	<u>437.07</u>	1.	1.			
					GROUP II																					
					Open Female																					
1.	W	2	67.5	66.80	Linda Pulsan	PNG	<u>160.0</u>	170.0	<u>172.5</u>	<u>172.5</u>	<u>75.0</u>	<u>80.0</u>	85.0	<u>80.0</u>	<u>80.0</u>	<u>252.5</u>	<u>160.0</u>	<u>170.0</u>	<u>175.0</u>	<u>175.0</u>	<u>427.5</u>	<u>439.60</u>	1.	1.		
2.	W	10	67.5	63.90	Krista Schaus	Canada	<u>142.5</u>	<u>147.5</u>	<u>150.0</u>	<u>150.0</u>	<u>85.0</u>	<u>87.5</u>	<u>90.0</u>	<u>87.5</u>	<u>90.0</u>	<u>240.0</u>	<u>142.5</u>	<u>145.0</u>	<u>150.0</u>	<u>150.0</u>	<u>390.0</u>	<u>414.38</u>	2.	2.		
3.	W	7	67.5	66.60	Serena Perry	NZ	<u>135.0</u>	<u>142.5</u>	147.5	<u>142.5</u>	<u>82.5</u>	<u>87.5</u>	<u>90.0</u>	<u>87.5</u>	<u>90.0</u>	<u>232.5</u>	<u>130.0</u>	<u>140.0</u>	<u>147.5</u>	<u>147.5</u>	<u>380.0</u>	<u>391.63</u>	3.	3.		
1.	W	12	75	74.20	Sarah Frankel	Canada	<u>150.0</u>	<u>160.0</u>	162.5	<u>160.0</u>	<u>95.0</u>	100.0	<u>95.0</u>	<u>100.0</u>	<u>255.0</u>	<u>150.0</u>	<u>155.0</u>	<u>160.0</u>	<u>160.0</u>	<u>415.0</u>	<u>397.20</u>	1.	1.			
	W	14	75	70.80	Anne Mort	Australia	145.0	152.5	152.5	-----	95.0	-	-	-	Disq	147.0	-	-----	-----	Disq						
1.	W	19	90	89.00	Jackie Buckley-Gray	NZ	<u>160.0</u>	-	-	<u>160.0</u>	<u>135.0</u>	<u>145.0</u>	150.0	<u>145.0</u>	<u>305.0</u>	<u>185.0</u>	<u>210.0</u>	<u>222.5</u>	<u>210.0</u>	<u>515.0</u>	<u>447.07</u>	1.	1.			
2.	W	13	90	86.40	Deepali Kularni	India	150.0	<u>150.0</u>	160.0	<u>150.0</u>	<u>60.0</u>	<u>65.0</u>	70.0	<u>65.0</u>	<u>215.0</u>	<u>140.0</u>	<u>150.0</u>	<u>160.0</u>	<u>160.0</u>	<u>375.0</u>	<u>329.89</u>	2.	2.			
1.	W	15	90+	115.10	Sonia Mahena	NZ	<u>195.0</u>	<u>210.0</u>	220.0	<u>210.0</u>	<u>105.0</u>	<u>115.0</u>	120.0	<u>115.0</u>	<u>325.0</u>	<u>205.0</u>	<u>220.0</u>	<u>230.0</u>	<u>220.0</u>	<u>545.0</u>	<u>439.16</u>	1.	1.			
2.	W	17	90+	90.60	Sampa Guha	India	160.0	<u>160.0</u>	<u>170.0</u>	<u>170.0</u>	<u>90.0</u>	<u>102.5</u>	<u>107.5</u>	<u>107.5</u>	<u>277.5</u>	<u>140.0</u>	<u>160.0</u>	<u>170.0</u>	<u>170.0</u>	<u>447.5</u>	<u>385.61</u>	2.	2.			

Sub Junior/Junior

Place	M/W	Nbr	Class	BW	Name	Nation	SQUAT			SQ			BENCH PRESS			BP			Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Points	Place	
							1.	2.	3.	1.	2.	3.	1.	2.	3.	1.	2.	3.		1.	2.	3.					
					GROUP I																						
					Female Sub Junior																						
1.	W	3	52	49.20	Pooja Kadam	India	90.0	100.0	105.0	100.0	35.0	40.0	42.5	40.0	100.0	112.5	120.0	120.0	140.0	140.0	100.0	112.5	120.0	120.0	260.0	338.10	1.
1.	W	7	56	54.90	Jacinta Read	Australia	112.5	117.5	123.5	117.5	70.0	75.0	-	75.0	115.0	122.5	127.5	127.5	192.5	192.5	115.0	122.5	127.5	127.5	320.0	382.40	1.
2.	W	6	56	54.10	Liezl Pretorius	RSA	110.0	110.0	115.0	115.0	60.0	65.0	65.0	65.0	60.0	60.0	65.0	65.0	180.0	180.0	105.0	115.0	115.0	115.0	295.0	356.60	2.
1.	W	2	67.5	66.90	Rebecca Soffe	NZ	100.0	100.0	100.0	100.0	65.0	70.0	72.5	70.0	65.0	100.0	150.0	152.5	170.0	170.0	140.0	150.0	152.5	152.5	322.5	331.27	1.
1.	W	5	75	72.90	Natasha Armstrong	NZ	135.0	150.0	164.5	150.0	70.0	77.5	82.5	77.5	70.0	135.0	140.0	140.0	227.5	227.5	135.0	140.0	140.0	140.0	367.5	355.78	1.
1.	W	8	82.5	76.60	Varute Snehankita	India	135.0	142.5	142.5	135.0	60.0	67.5	70.0	70.0	60.0	130.0	142.5	142.5	205.0	205.0	130.0	142.5	142.5	142.5	347.5	326.09	1.
	W	9	90	86.70	Tulua Sekne-Fraser	NZ	160.0	160.0	160.0	-----	90.0	100.0	100.0	90.0	90.0	180.0	190.0	190.0	Disq	Disq	180.0	190.0	190.0	Disq			
1.	W	4	90+	93.80	M P Vasudha	India	90.0	97.5	105.0	105.0	40.0	45.0	47.5	45.0	40.0	90.0	100.0	152.5	152.5	90.0	100.0	107.5	107.5	260.0	221.08	1.	
					GROUP II																						
					Female Junior																						
1.	W	12	52	48.90	Mala Sukhwal	India	90.0	97.5	102.5	102.5	40.0	45.0	47.5	45.0	40.0	110.0	120.0	125.0	147.5	147.5	110.0	120.0	125.0	125.0	272.5	355.97	1.
1.	W	13	67.5	67.00	Janis Joseph	India	135.0	140.0	145.0	140.0	55.0	60.0	62.5	60.0	55.0	135.0	140.0	200.0	200.0	135.0	140.0	140.0	140.0	140.0	340.0	348.87	1.
1.	W	15	75	72.80	Sheree Myers	Australia	105.0	115.0	125.0	125.0	75.0	82.5	87.5	87.5	75.0	125.0	140.0	212.5	212.5	125.0	140.0	140.0	140.0	140.0	352.5	341.54	1.
1.	W	10	82.5	80.10	Nikaila McRither	Scotland	100.0	110.0	115.0	115.0	50.0	57.5	60.0	57.5	50.0	100.0	112.5	172.5	172.5	100.0	112.5	112.5	112.5	285.0	260.60	1.	
1.	W	16	90+	92.70	Helen Pahulu	Fiji	165.0	175.0	185.0	185.0	65.0	80.0	90.0	80.0	65.0	145.0	157.5	265.0	265.0	145.0	157.5	157.5	157.5	422.5	360.82	1.	
	W	14	90+	118.80	Anita Millington	Australia	175.0	175.0	175.0	-----	85.0	105.0	105.0	85.0	85.0	167.5	177.5	Disq	Disq	167.5	177.5	177.5	177.5	Disq			

Master 1/Master2

Place	M/W	Nbr	Class	BW	Name	Nation	SQUAT			SQ			BENCH PRESS			BP			DEADLIFT			DL Result	Tot. Result	Points	Place	
							1.	2.	3.	Result	1.	2.	3.	Result	1.	2.	3.	Result	1.	2.	3.					Result
					GROUP I																					
					Female Master 1																					
1.	W	2	48	47.90	Junko Kitamura	RSA	117.5	125.0	120.0	125.0	77.5	82.5	82.5	82.5	207.5	115.0	125.0	130.0	130.0	130.0	337.5	447.69	1.			
1.	W	9	52	49.00	Miriam Sinclair	RSA	110.0	120.0	125.0	125.0	55.0	62.5	65.0	55.0	180.0	135.0	145.0	152.5	152.5	152.5	332.5	433.68	1.			
1.	W	5	56	55.60	Louise Steenkamp	RSA	112.5	115.0	115.0	115.0	52.5	57.5	57.5	52.5	167.5	135.0	147.5	155.0	147.5	155.0	315.0	372.71	1.			
2.	W	3	56	55.80	Lisa Stokes	Australia	105.0	110.0	115.0	115.0	67.5	70.0	72.5	70.0	185.0	127.5	130.0	130.0	130.0	130.0	315.0	371.67	2.			
					Helen Allen	Australia	105.0	105.0	105.0	105.0	60.0	60.0	60.0	-----	Disq	145.0	152.5	145.0	145.0	145.0	Disq					
					Sarah Griffiths	NZ	105.0	105.0	105.0	-----	52.5	55.0	57.5	55.0	Disq	110.0	120.0	120.0	120.0	120.0	Disq					
1.	W	4	60	58.90	Robyn Gleeson	Australia	107.5	117.5	117.5	117.5	50.0	55.0	57.5	55.0	172.5	135.0	145.0	152.5	145.0	152.5	317.5	359.09	1.			
					Maria Brightwater-Wharf	NZ	152.5	152.5	152.5	-----	75.0	80.0	85.0	80.0	Disq	150.0	157.5	167.5	167.5	167.5	Disq					
					GROUP II																					
					Female Master 2																					
1.	W	7	67.5	66.40	Marie Soffe	NZ	120.0	125.0	132.5	132.5	77.5	82.5	85.0	82.5	215.0	165.0	172.5	172.5	172.5	172.5	387.5	400.21	1.			
1.	W	13	48	47.10	Trish Muldrock	NZ	100.0	110.0	110.0	110.0	80.0	82.5	82.5	82.5	192.5	115.0	127.5	127.5	127.5	127.5	320.0	429.70	1.			
1.	W	14	75	72.30	Helen Richards	Scotland	100.0	110.0	115.0	115.0	65.0	67.5	67.5	65.0	180.0	120.0	130.0	135.0	135.0	135.0	315.0	306.62	1.			
2.	W	10	75	68.10	Ratanmoni Chaudhury	India	100.0	112.5	117.5	117.5	50.0	55.0	60.0	60.0	177.5	100.0	115.0	122.5	122.5	122.5	300.0	304.26	2.			
					Debbie Turner	NZ	147.5	147.5	147.5	-----	102.5	110.0	112.5	110.0	Disq	140.0	150.0	160.0	160.0	160.0	Disq					
1.	W	12	90+	121.50	Sainihh Turner	Fiji	160.0	162.5	162.5	162.5	85.0	100.0	105.0	105.0	267.5	165.0	175.0	180.0	180.0	180.0	447.5	357.06	1.			