Event: _____ DATE: _____

Scales No: _____ Venue: _____ Weights Reg. No: _____

MEM No.	NAME	LOT No.	M/F	AGE GROUP	BODY WEIGHT	WEIGHT CLASS	CLUB/ STATE	SQUAT			BENCH PRESS			SUB TOTAL	DEADLIFT			TOTAL	PLACE	WILKS COEFF	POINTS	BEST LIFTER RANK
								1	2	3	1	2	3		1	2	3					

REFEREES: CHIEF NAME: _____ SIDE NAME: _____ SIDE NAME: _____

CATEGORY: _____ M/SHIP No. _____ CATEGORY: _____ M/SHIP No. _____ CATEGORY: _____ M/SHIP No. _____

SIGNATURE: _____ SIGNATURE: _____ SIGNATURE: _____

MARK RECORDS AS FOLLOWS: WR = WORLD RECORD CR = COMMONWEALTH RECORD OR = OCEANIA RECORD AR = AUSTRALIAN RECORD