

ANNOUNCER CARD



RACK HEIGHTS

SQUAT: _____ In Out

BENCH: _____ / _____

Membership Number:

Name:

Birthdate:

Lot Number:

Bodyweight:

Class:

Wilks Coefficient:

Country:

DISCIPLINE	1 ST ATTEMPT	2 ND ATTEMPT	3 RD ATTEMPT	BEST ATTEMPT
Squat				
Bench Press				
SUBTOTAL				
Deadlift				
Group: 1 2 3	Placing:	Wilks Points:	Total:	

Powerlifting Accomplishments:

Signature of lifter/coach:

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