

POWERNEWS

A U S T R A L I A

Volume 9 - Edition 1

SUMMER EDITION 2002

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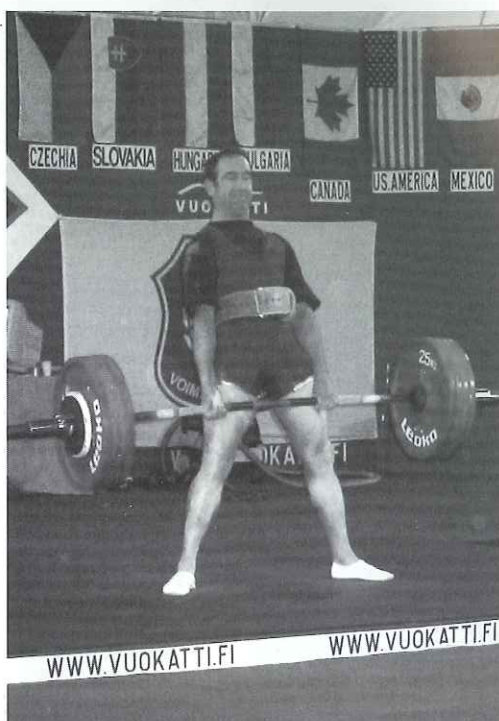
Lapland puts on best ever Worlds!

Six Australians and six New Zealanders made up the downunder contingent at the 2001 World Championships.

Aside from the isolated location, one of those "holiday" camps so strangely beloved by the Finns, this was one of the best organised and presented World's ever. As expected, Russia came out on top in the team score, but Ukraine was not far behind, led by 20 year old Papazov's easy 1047.5kg at 125kg. Best lifter went to Alexei Sivokon although he seemed to struggle and produced a modest (for him) 815kg at 67.5kg.

For Australia Nghiep Luu opened proceedings with his now customary habit of throwing away 15kg through narrowly twice missing a squat, but came on with a 265kg deadlift & personal best total of 577.5kg. Sean Muir at 75kg did bests on the squat and bench but ran out of steam after his first deadlift. Dave Costello's 670 at 82.5kg was another personal best total for this true product of Northern Queensland, but only a hint of what Dave is capable of when he overcomes knee tendonitis and wanderlust.

The 100kg class saw triumph and tragedy for the Antipodeans. Simon Weaver of New Zealand once again defied aesthetics with his bent over squats and shaky benches to produce an outstanding 790kg total. However Darren Jones moved the crowd near to tears when easy personal bests on the squat and bench press could not be followed up with a deadlift, as his back had pulled and spasmed on his third squat and he had to be rolled on and off the platform thereafter. At 110kg Derek Pomana came back to form after a string of injuries, but was outlifted in the end by a cagy Dedulia of Russia, who followed Derek lift for lift (380/235/355 was



Sean Muir went only as far as 240kg in the deadlift.

the score for both lifters although Dedulia had more up his sleeve. Greg Marini was another Australian P/b'er at 125kg his 780kg being a total he could further improve were his technique able to be honed outside the isolation of Broken Hill. However the best came last for Australia with Bradley Horne taking 9th in the 125+kg class. Brad found the World Championships a tougher place to produce a big total than country W.A. and needed two attempts to get 340kg squat and only barely got one deadlift. However this experience will be invaluable in teaching Brad the importance of technique and of peaking on time (he squatted a relatively easy double on 340kg in London the week before). Brad has only been lifting for 2 years and his potential lies in the 1000+kg range and on the medal podium with the likes of Brad Gillingham, SHW winner again here, over Meszaros of Hungary.



Bradley Horne in trouble on this squat.



RESULTS



MENS WORLD CHAMPIONSHIPS

FINLAND

52 kg	SQ	BP	DL	TL
1. C. Hu (CTP)	225	107.5	245	577.5
2. E. Gainer (USA)	195	130	227.5	552.5
3. A. Stanaszek (Pol)	260	160	130	550
56 kg				
1. K. Pavlou (Rus)	247.5	175	222.5	645
2. T. Hsieh (CTP)	225	147.5	247.5	620
3. R. Brandtzaeg (Nor)	235	130	232.5	597.5
60 kg				
1. Sutrisno (Inq)	270	170	270	710
2. G. McNamara (Ire)	250	150	255	655
3. M. Andrukhin (Rus)	250	142.5	250	642.5
67.5 kg				
1. A. Sivokon (Kaz)	302.5	210	302.5	815
2. J. Olech (Pol)	320	167.5	300	787.5
3. R. Saccop (Ota)	282.5	150	290	722.5
11. N. Luu (Aus)	205	107.5	265	577.5
75 kg				
1. V. Furashkin (Rus)	317.5	210	305	832.5
2. V. Baranov (Rus)	310	177.5	305	792.5
3. S. Bazayev (Ukr)	302.5	177.5	295	775
11. S. Muir (Aus)	220	140	240	600
82.5 kg				
1. S. Mor (Rus)	320	220	310	850
2. F. Gardner (Fra)	302.5	195	317.5	815
3. P. Turesson (Swe)	310	180	320	810
15. D. Costello (Aus)	232.5	157.5	280	670
90 kg				
1. A. Tarasenko (Rus)	357.5	245	325	927.5
2. I. Freydlun (Ukr)	325	237.5	330	892.5
3. P. Theuser (Cze)	342.5	225	315	882.5
100 kg				
1. O. Vyshintsky (Ukr)	370	207.5	375	952.5
2. Y. Fedorenko (Rus)	360	220	350	930
3. K. Welna (Pol)	350	220	335	905
12. S. Weaver (NZL)	305	190	295	790
14. J. Brown (NZL)	300	195	282.5	777.5
17. D. Jones (Aus)	262.5	175	65	502.5
110 kg				
1. V. Dedulia (Rus)	380	235	355	970
2. D. Pomana (NZL)	380	235	355	970
3. I. Arvai (Hun)	355	230	350	935
15. S. Lucite (NZL)	310	220	262.5	792.5
125 kg				
1. V. Papazov (Ukr)	425	270	352.5	1047.5
2. A. Malanichev (Rus)	407.5	247.5	362.5	1017.5
3. V. Muravliov (Ukr)	390	255	365	1010
9. V. Pomaņa (NZL)	355	245	302.5	902.5
18. G. Marini (Aus)	302.5	187.5	290	780
125+ kg				
1. B. Gillingham (USA)	375	267.5	375	1017.5
2. T. Meszaros (Hun)	380	230	406.5	1015
3. D. Midote (Jap)	410	300	300	1010
9. B. Horne (Aus)	340	222.5	330	892.5

BEST LIFTER

1. Russia	69	1. A. Sivokon	633.66
2. Ukraine	56	2. Sutrisno	610.17
3. USA	44	3. V. Papazov	597.70
14. New Zealand	15		
24. Australia	7		

AUSTRALIAN & OCEANA CHAMPIONSHIPS

TOWNSVILLE, QUEENSLAND

RESULTS - WOMEN

56 kg	SQ	BP	DL	TL
1. T. Green (NZ)	107.5	82.5	120	310
60 kg				
1. J. Gevers (NSW)	147.5	72.5	142.5	362.5
2. R. Flanders (Vic)	110	62.5	142.5	315
67.5 kg				
1. K. Lloyd (Vic)	132.5	80	132.5	345
2. S. Rutherford (Vic)	117.5	52.5	132.5	302.5
3. S. Duratti (NC)	115	50	120	285
75 kg				
1. L. Regnier (NC)	125	52.5	142.5	320
2. K. Larsen (NZ)	125	52.5	127.5	305
82.5 kg				
1. J. Deakin (Qld)	200	82.5	217.5	500
2. I. Fano (NC)	97.5	42.5	100	240
90 kg				
1. H. Hetutu (Niu)	110	65	130	305
90+ kg				
1. M. Aola (Niu)	85	60	125	270

RESULTS - MEN

52 kg				
1. D. Wellington (Qld)	90	60	100	250
60 kg				
1. M. Anderson (Qld)	170	115	200	485
2. C. Phan (Qld)	160	105	195	460
67.5 kg				
1. N. Luu (Vic)	205	105	266	575
2. N. Unsworth - Smith (Qld)	210	137.5	220	567.5
3. T. Logis (Qld)	185	110	225	520
4. A. Puleosi (Niu)	70	95	150	375
5. T. Feltham (NSW)	70	90.5	90	250
75 kg				
1. N. Harris (Vic)	227.5	167.5	240	635
2. S. Muir (Qld)	215	140	250	605
3. S. Hine (NSW)	210	137.5	240	587.5
4. D. Kent (Vic)	232.5	145	210	587.5
5. S. Horvath (Qld)	215	122.5	220	557.5
6. B. McBain (Qld)	210	120	220	550
82.5 kg				
1. D. Costello (Qld)	222.5	157.5	280	660
2. A. Kelepous (Vic)	270	137.5	252.5	660
3. F. Bartels (Qld)	220	130	287.5	637.5
4. T. MacDonald (NSW)	230	107.5	242.5	580
5. D. Cheung (NSW)	215	122.5	217.5	555
6. J. Rutherford (Vic)	157.5	85	177.5	420
90 kg				
1. S. Moszko (Tas)	280	155	270	705
2. T. Power (NSW)	245	157.5	270	672.5
3. S. Parsons (NZL)	215	172.5	272.5	660
4. B. Smartt (Vic)	220	152.5	250	622.5
5. A. Ernst (Qld)	212.5	135	237.5	585
6. L. Donnellan (Vic)	197.5	142.5	225	565
7. N. Lloyd-Jones (Qld)	217.5	105	215	537.5
8. A. Porter (Qld)	170	105	192.5	467.5
9. L. Wellington (Qld)	180	115	200	495
10. A. Taro (Niu)	150	90	180	420
- K. Ware (Qld)	BMB	-	-	-
100 kg				
1. F. Inglese (Vic)	282.5	167.5	270	720
2. D. Jones (Vic)	262.5	172.5	265	700
3. L. MacKinlay (Qld)	215	170	240	625
4. J. Colle (NC)	210	152.5	230	592.5
5. B. Hinchlitt (Qld)	195	95	230	520
6. V. Kunitau (Niu)	145	105	210	460
7. T. Paolo (Niu)	140	80	180	400
- P. Whymark (NSW)	307.5	BMB	-	-
- V. Simonetta (Vic)	-	-	-	DISQ
110 kg				
1. A. Logan (Qld)	322.5	180	307.5	810
2. D. Dugdell (NSW)	240	172.5	250	662.5
3. H. Hetutu (Niu)	195	140	245	580



AUSTRALIA SHINES AT OCEANA'S

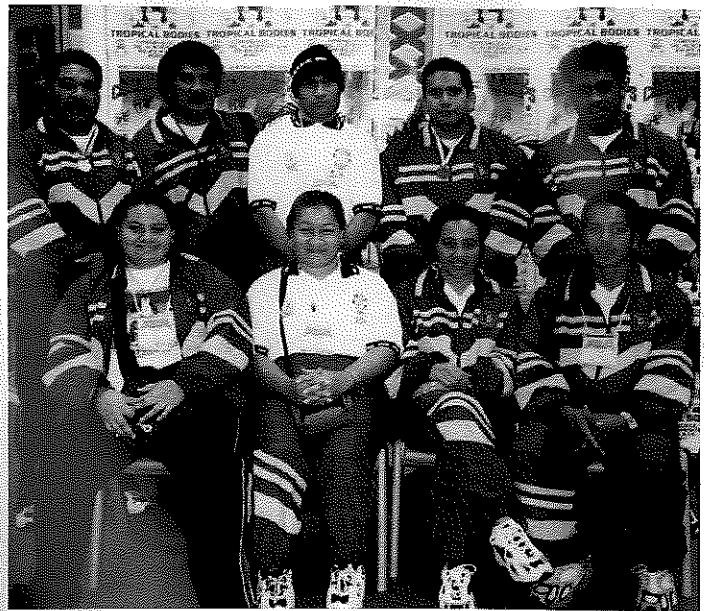
68 Lifters took to the platform in Townsville for the 2001 Oceana & Australian Championships, after the teams from Nauru & Papua New Guinea were last minute no-shows due to transport difficulties.

In the end Australia, New Zealand, Niue & New Caledonia fought out the team titles with Australia coming out on top in both the men's and the women's contests.

In the women's classes Julie Deakin was the outstanding lifter. Julie came through with a 500kg total, very close to what will be required for a medal at next year's world championships. Jeannette Gevers was next best in winning the 60kg class with 362.5 kg, whilst Rikki Flanders and 62 year old Sonja Rutherford produced personal best totals.

Amongst the men Bradley Horne stamped himself as a major prospect via an easy looking 910kg at 125+kg. Brad's squat dept was variable and his technique needs to be grooved in for him to withstand world competition, but for someone who has only been lifting for 2 years Brad's lifting was outstanding.

There were numerous other good performances amongst the Australian & Oceania men. Outstanding lifts included Nghiep Luu's record 266 dead lift at 67.5 kg, Franz Bartels' successful opener on an Australian Record 287.5kg dead lift. Achilles Kelepouris' fast 270kg squat at 82.5kg and Andrew Logan's ever-dependable 810 kg total at 110kg. Vince Simonetta's "win" at 100kg was short lived and injured Fiore Inglese ended up the title holder. Other good winners were Peter Smith 800kg at 125kg, David Costello back from the wilderness at 82.5kg and Neville Harris, a bit steadier with 635kg at 75kg, whilst the Niue and New Caledonia teams will be improved by their experience here.



The team from Niue.

RESULTS

AUSTRALIAN & OCEANA CHAMPIONSHIPS CONTINUED

4. M. Valiana (Niue)	205	140	210	555
- T. Burley (Tas)	BMB	-	-	-

125 kg

1. P. Smith (Qld)	300	172.5	327.5	800
2. G. Marini (SA)	300	195	275	770
3. G. Roberts (Qld)	315	177.5	275	767.5
4. J. Sukkar (NSW)	260	170	285	715
5. B. Armstrong (NZ)	257.5	180	260	697.5
6. M. Polutele (NC)	180	140	210	530
- V. Burt (Tas)	190	120	180	490

125+ kg

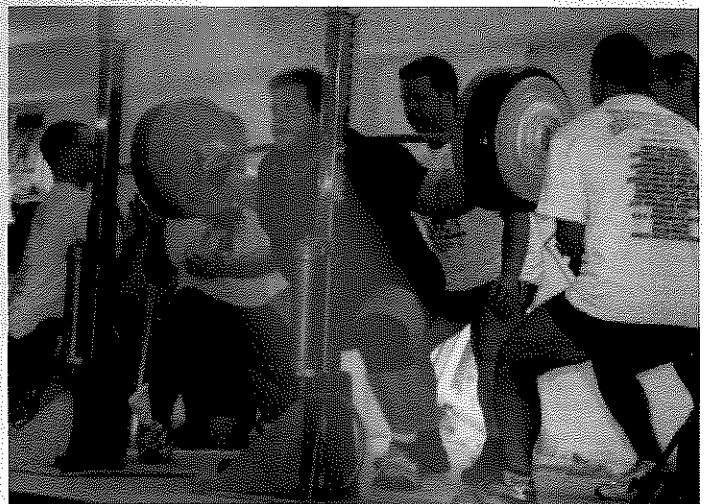
1. B. Horne (WA)	360	210	340	910
2. G. Thomson (Qld)	282.5	150	315	747.5

BEST LIFTERS

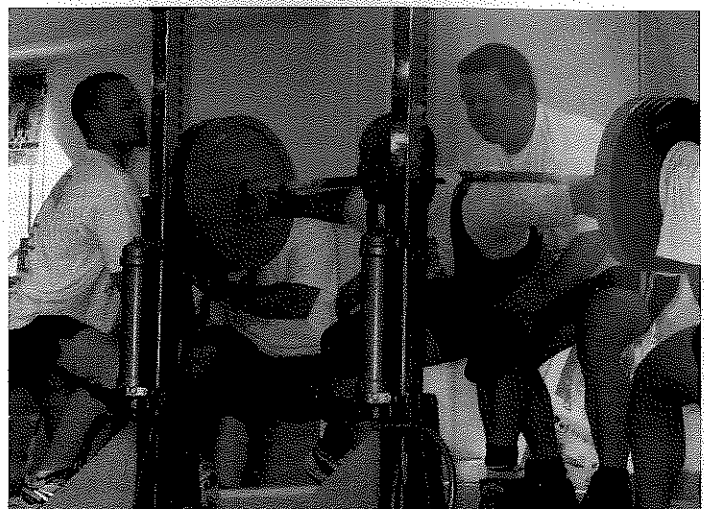
Oceania - Men	B. Horne	500.41
- Women	J. Deakin	452.00
Australian Champs - Men	B. Horne	500.41
- Women	J. Deakin	452.00

TEAMS

	MEN	WOMEN
Oceania	1. Australia 72	1. Australia 45
	2. New Zealand 45	2. New Caledonia 33
	3. New Caledonia 12	3. Niue 24
	4. Niue 8	4. New Zealand 12
Australian Champs	1. Queensland 68	1. Victoria 21
	2. Victoria 54	2. Queensland 12
	3. NSW 49	3. NSW 12
	4. WA. 12	
	5. Tas 12	
	6. S.A. 9	



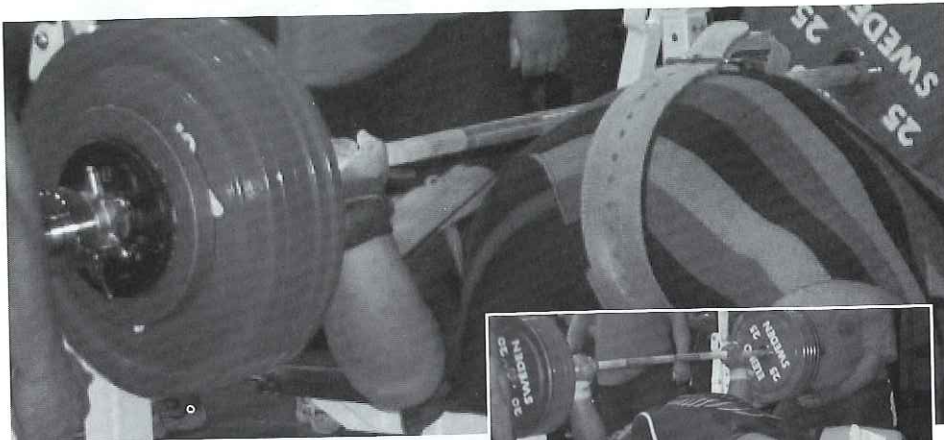
Head and chest up this time for Bradley Horne (compare to his World's squat photo).



The spotter tries to hide it, but the referees saw all... too high for Tony Burley!

WORLD BENCH PRESS CHAMPIONSHIPS

REGISTER NOW FOR 2002



Four Australians lifted in the first World Bench Press Championships held in the Southern Hemisphere in Christchurch New Zealand December 7 - 10th.

Our only woman lifter, Anne Mort, overcame a wobbly opener to produce a good 102.5kg to place 5th in the 75 kg class. In the men 110kg Strase Stojanoski (a former



TOP: Midote goes for 300kg.
INSET: George Taamaru (NZ) having a crack at 265kg

World Championship competitor for Australia in Weight lifting) was his usual wild card self, but got 175kg at his second attempt at that weight before missing 182.5kg. At 125kg, Steve Little's lagging right arm held up for 200kg, brought him red lights on two attempts at 210kg.

Glen Sharp was the revelation of the Australian team benching 230kg at 125+kg, way, way up on his 192.5kg at the Australian BP Championships. At 6'9" and 162kg Glen pushes the bar a long way but looks to be a 250kg+ prospect for the future.

From the other nations, Midote of Japan stood out with his 300kg at 125+kg, which also took the Best Lifter. However less than a point behind were Onozo of Hungary 275kg at 100 kg and Vorobyev of Russia 250kg at 82.5kg.

FULL RESULTS AT www.powerlifting-ipf.com
-Robert Wilks.

Enclosed with this newsletter is your 2002 Powerlifting Australia registration form. Register now and stay involved with Australia's government recognized, IPF affiliated, ASDA, drug tested Powerlifting body.

Note that this year your membership card will have a photo I.D. on it. So please send a passport size photo of yourself with your membership form, even if you have sent one in past years - new photos are needed for scanning onto your card.

As well, the 2002 registration form has a Privacy Declaration, that covers both Powerlifting Australia and yourself. This follows the enactment of the National Privacy Act in late 2001. This sets out the rights and responsibilities of those providing or holding personal information. In Powerlifting Australia's case such information will only be passed on to relevant parties (i.e. ASDA and state associations); however members are also bound by the the ASDA Act which requires provision of the contact details requested on the form.

DRUG TESTING RESULTS

As a result of drug testing carried out by the Australian Sports Drug Agency under Powerlifting Australia's anti-doping policy the following suspension applies -

Vincent Simonetta 23rd July 2001 - 22nd July 2004

As a result of this suspension the placings in the 100kg class at the 2001 Australian Championships are amended and now are as reported elsewhere in this newsletter.

2002 NATIONAL & INTERNATIONAL EVENTS

In 2002 the major P.A. & I.P.F. events are **NATIONAL**

Australian Junior & Masters Championships

Murray Bridge 19 - 21 April

Australian Championships (+ Oceania Invitational)

Launceston 26 - 28 July

Australian Bench Press Championships

Australia-wide 7 or 8 September

- entry forms for those events will be sent direct to all P.A. members.

INTERNATIONAL

Women's World Championships

Riesa, Germany 29 May -2 June

Junior World Championships

Caracas, Venezuela 10 - 15 September

Sub Junior World Championships

Chia Yi, Taiwan 24 - 29 September

Masters World Championships

Villa Maria, Argentina 9 - 13 October

Men's World Championships

Bratislava, Slovakia 12 - 17 November

Oceania Championships

Tauranga, New Zealand 13 - 15 December

Teams for those events will be selected after the appropriate Australian Championships

2001 RESULTS & RANKINGS!

Enclosed as an insert to this newsletter are the remaining contest results for 2001 for events held since the last newsletter or not previously reported.

Also included are 2001 ranking lists for each class and the top 10 men and women overall, by Formula. Congratulations to Brad Horne and Julie Deakin, our top lifters for 2001.

POWERLIFTING WEB SITES

More information about everything in Powerlifting can be found on the P.A., O.P.F. & I.P.F. web sites.

Powerlifting Australia

www.powerliftingaustralia.homestead.com

Oceania Powerlifting Federation

www.oceaniapowerliftingfed.homestead.com

International Powerlifting Federation

www.powerlifting-ipf.com