BENCH PRESS

NAME			 	
1 st	l	2 nd	3 rd	
RACK HEI	IGHT - PIN	NO	 	
IFT OFF:	SIDE	CENTRE	NONE	
SIGNED_				

BENCH PRESS

NAME					
1 st		2 nd	_	3 rd	
RACK HE	IGHT - P	IN NO			
_IFT OFF:	SIDE [] CENTRE		NONE	
SIGNED					

BENCH PRESS

NAME						
1 st	:	2 nd		3 rd		
RACK HEIGHT - PIN NO						
LIFT OFF:	SIDE	CENTRE	N	NONE		
SIGNED _						

BENCH PRESS

NAME				
1 st		2 nd	3 rd	
RACK HEI	GHT - PIN	_ NO		
LIFT OFF:	SIDE [CENTRE	NONE	

BENCH PRESS

NAME			
1 st	2	nd	3 rd
RACK HEIGH	T - PIN N	0	
IFT OFF: SID	E 🗌 C	ENTRE	NONE

BENCH PRESS

NAME					_	
1 st		2 nd		3 rd	_	
RACK HEIGHT - PIN NO						
LIFT OFF:	SIDE	CENTRE		NONE [
SIGNED _					_	